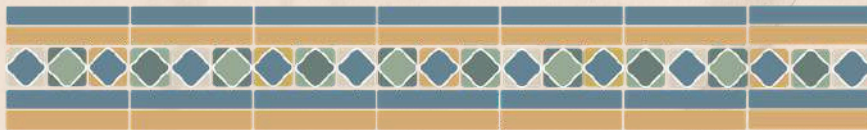


Cafeteria

Mediterranean Restaurant



Menu

Almoço | Lunch

das 12:00 às 17:30
from noon to 5:30 p.m.



**A boa comida, boa companhia e
momentos para recordar.**

**To great food, great company, and
moments to remember.**





Couvert

-  **Manteiga De Alho e Citrinos, Patê de Cenoura Algarvia, Azeite Aromatizado e Pão** | Garlic and Citrus Butter, Algarve Carrot Pâté, Flavored Olive Oil and Bread 6,00



Tapas

-  **Croquetes de Camarão** | Prawn Croquette 5,80
Com molho aioli - 2 unidades
With aioli sauce - 2 pieces
-  **Croquetes de Presunto Pata Negra** | Ham *Pata Negra* Croquette 5,80
Com molho aioli - 2 unidades
With aioli sauce - 2 pieces
-  **Croquetes de Borrego** | Lamb Croquettes 5,80
Com molho aioli - 2 unidades
With aioli sauce - 2 pieces
- Ostra Alimada** | Marinated Oyster 3,30
Por unidade, limitado a stock existente
Per unit, limited to current stock
- Tataki de Atum** | Tuna Tataki 9,50
Com sésamo e chutney de manga
With sesame and mango chutney
- Polvo à Galega** | Galician-Style Octopus 12,50
-  **Tiras de Choco** | Strips of Cuttlefish 10,50
Com maionese de alho
With garlic mayonnaise



Bruschetta

-  **Sardinhas** | Sardines 4,00
-  **Tomate** | Tomato 4,00
-  **Pancetta** 4,00



Pratos Quentes | Hot Dishes

- Peixe do Dia (Filete)** | Fish of the Day (Fillet) 18,00
Com batatas a murro e legumes - limitado ao stock existente
With mashed potatoes and vegetables—limited to current stock

-   **Hambúrguer | Burger** 17,00
Com cebola frita, cebola roxa confitada, queijo, maionese de alho e agrião
with fried onions, caramelized red onions, cheese, garlic mayonnaise and watercress
-   **Hambúrguer de Salmão | Salmon Burger** 17,00
Com salmão fresco, cebola frita, agrião e molho de iogurte
with fresh salmon, fried onions, watercress and yogurt sauce
-   **Bitoque de Novilho | Beef Terderloun Bitoque** 22,00
Com batata frita, ovo estrelado e molho
With french fries, a fried egg and sauce
-  **Esparguete de Legumes | Vegetable Spaghetti** 18,00
Com brócolos, cenoura baby, milho baby, couve romanesca, pack-choi e molho de tomate
With broccoli, baby carrots, baby corn, romanesco cauliflower, pack-hoi and tomato sauce



Saladas | Salads

- Salada de Frango | Chicken Salad** 14,00
Com peito de frango, iceberg, tomate cherry, bacon, cebola roxa e vinagrete
With chicken breast, iceberg lettuce, cherry tomatoes, bacon, red onion and vinaigrette
-   **Salada de Camarão | Shrimp Salad** 15,00
Com camarão, iceberg, tomate cherry, manga, amendoins, cebola roxa e maionese de manga
With shrimp, iceberg lettuce, cherry tomatoes, mango, peanuts, red onion, and mango mayonnaise
-  **Salada de Frutas Frescas | Fresh Fruit Salad** 13,00
Com iceberg, tomate cherry, cebola roxa, manga, morango, amoras, framboesas, mirtilos, amêndoas torradas e vinagrete
With iceberg lettuce, cherry tomatoes, red onion, mango, strawberries, blackberries, raspberries, blueberries, toasted almonds and vinaigrette

 **Vegetariano | Vegetarian**

 **Glúten | Gluten**

 **Frutos Secos | Dried Fruit**

 **Lactose**



Menu de Crianças | Kids Menu

- Creme de Legumes | Vegetable Soup** 4,00
-   **Esparguete Bolonhesa | Spaghetti Bolognese** 9,50
-   **Hambúrguer com Batata Frita | Burger with French Fries** 9,00
-   **Nuggets com Batata Frita | Chicken Nuggets with French Fries** 9,00
-  **Salmão com Puré de Batata e Legumes | Salmon with Mashed Potatoes and Vegetables** 12,00



Sobremesas de Crianças | Desserts for Kids

- Fruta Laminada | Sliced Fruit** 4,50
-  **Mousse de Chocolate | Chocolate Mousse** 5,00
-   **Panquecas com Nutella | Pancakes with Nutella** 6,00
-  **Morangos com Nutella | Strawberries with Nutella** 6,00



Sobremesas | Desserts

-    **Mousse de Chocolate | Chocolate Mousse** 7,00
Com crumble
With crumble
-    **Brownie Cheesecake | Brownie Cheesecake** 7,00
Com crumble e gelado de baunilha
With crumble and vanilla ice cream
-    **Torta de Laranja | Orange Pie** 6,00
Com crumble e gelado de tangerina
With crumble and tangerine ice cream
-    **Petit Gâteau de Chocolate | Chocolate Petit Gateau** 7,00
Com caramelo salgado, crumble e gelado de baunilha
With salted caramel, crumble and vanilla ice cream
-  **Carpaccio de Ananás | Pineapple Carpaccio** 6,00
Com gelado de tangerina
With tangerine ice cream

 **Vegetariano | Vegetarian**

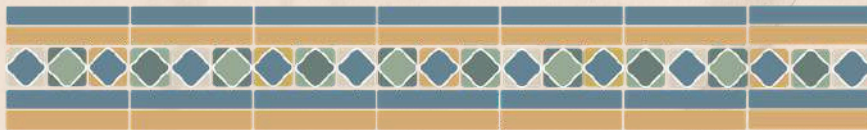
 **Glúten | Gluten**

 **Frutos Secos | Dried Fruit**

 **Lactose**

Cafeteria

Mediterranean Restaurant



Menu

Jantar | Dinner

após as 17:30
after 5:30 p.m.





Couvert

-   **Manteiga De Alho e Citrinos, Patê de Cenoura Algarvia, Azeite Aromatizado e Pão** | Garlic and Citrus Butter, Algarve Carrot Pâté, Flavored Olive Oil and Bread 6,00
-  **Creme de Legumes** | Vegetable Soup 5,50
-   **Camarão Frito** | Fried Shrimp 16,00
Com camarão, alhos, coentros, malagueta e aletria
With shrimp, garlic, cilantro, chili peppers, and vermicelli
-   **Tártaro de Novilho** | Beet Tartare 13,50
Com novilho, alcaparras, cebola roxa, pepino cornicho, cebolinho, mostrada, ovo, maionese, ostra e batata-doce
With veal, capers, red onion, gherkin, chives, Mostrada, egg, mayonnaise, oyster and sweet potato
-  **Tártaro de Beterraba** | Veal Tartare 11,00
Com cebola roxa, maçã, manga, cebolinho, beterraba, abacate, vinagrete e maionese vegan
With red onion, apple, mango, chives, beet, avocado, vinaigrette, and vegan mayonnaise
-   **Bolinhas de Alheira** | Alheira Meatballs 7,00
Com maionese de aioli
With aioli mayonnaise



Tapas

-   **Croquetes de Camarão** | Prawn Croquette 5,80
Com molho aioli - 2 unidades
With aioli sauce - 2 pieces
-   **Croquetes de Presunto Pata Negra** | Ham *Pata Negra* Croquette 5,80
Com molho aioli - 2 unidades
With aioli sauce - 2 pieces
-   **Croquetes de Borrego** | Lamb Croquettes 5,80
Com molho aioli - 2 unidades
With aioli sauce - 2 pieces
- Ostra Alimada** | Marinated Oyster 3,30
Por unidade, limitado a stock existente
Per unit, limited to current stock
- Tataki de Atum** | Tuna Tataki 9,50
Com sésamo e chutney de manga
With sesame and mango chutney
- Polvo à Galega** | Galician-Style Octopus 12,50
-  **Tiras de Choco** | Strips of Cuttlefish 10,50
Com maionese de alho
With garlic mayonnaise



Peixe | Fish

-  **Polvo | Octopus** 22,00
Com puré de batata-doce, couve romanesca, milho baby e ovas
With sweet potato purée, romanesco broccoli, baby corn and roe
-  **Robalo | Sea Bass** 20,00
Com puré de batata e cogumelos, pack-choi, ovas e molho de carril
With mashed potatoes and mushrooms, bok choy, fish roe, and carril sauce
-  **Bacalhau | Cod** 22,00
Com xerém de camarão, couve romanesca e ovas
With shrimp xerém, Romanesco broccoli and roe
-  **Salmão | Salmon** 20,00
Com puré de batata, brócolos, cenoura baby e ovas
With mashed potatoes, broccoli, baby carrots and fish roe



Carne | Meat

-   **Lombo de Novilho | Beef Tenderloin** 24,00
Com puré de batata trufado, couve pack-choi e jus
With truffled mashed potatoes, pak choy and jus
-   **Lombinho de Porco Preto | Black Pig Tenderloin** 19,00
Com puré batata-doce, couve pack-choi, amêijoas e jus
With sweet potato purée, pak choy, clams and jus
-   **Borrego | Lamb** 24,00
Com puré de batata e cogumelos, couve romanesca e molho menta
With mashed potatoes and mushrooms, romanesco broccoli and mint sauce
-   **Bife da Vazia | Top Sirloin Steak** 20,00
Com puré de cenoura, batata gratinada, brócolos e molho de pimenta
With carrot purée, potato gratin, broccoli and pepper sauce
-  **Bochecha de Porco Preto | Black Pig Cheek** 19,00
Com puré de batata, brócolos e cenoura baby
With mashed potatoes, broccoli and baby carrots



Vegetariano | Vegetarian

-  **Caril de Grão | Chickpea Curry** 18,00
Com grão, caril, brócolos, couve romanesca, pack choi, cenoura baby, milho baby, arroz, passas e amêndoa torrada
With chickpeas, curry, broccoli, Romanesco cauliflower, bok choy, baby carrots, baby corn, rice, raisins, and toasted almonds
-  **Esparguete de Legumes | Vegetable Spaghetti** 18,00
Com brócolos, cenoura baby, milho baby, couve romanesca, pack-choi e molho de tomate
With broccoli, baby carrots, baby corn, romanesco cauliflower, pak choy and tomato sauce



Menu de Crianças | Kids Menu

	Creme de Legumes Vegetable Soup	4,00
 	Esparguete Bolonhesa Spaghetti Bolognese	9,50
 	Hambúrguer com Batata Frita Burger with French Fries	9,00
 	Nuggets com Batata Frita Chicken Nuggets with French Fries	9,00
	Salmão com Puré de Batata e Legumes Salmon with Mashed Potatoes and Vegetables	12,00



Sobremesas de Crianças | Desserts for Kids

	Fruta Laminada Sliced Fruit	4,50
	Mousse de Chocolate Chocolate Mousse	5,00
 	Panquecas com Nutella Pancakes with Nutella	6,00
	Morangos com Nutella Strawberries with Nutella	6,00



Sobremesas | Desserts

  	Mousse de Chocolate Chocolate Mousse Com crumble With crumble	7,00
  	Brownie Cheesecake Brownie Cheesecake Com crumble e gelado de baunilha With crumble and vanilla ice cream	7,00
  	Torta de Laranja Orange Pie Com crumble e gelado de tangerina With crumble and tangerine ice cream	6,00
  	Petit Gâteau de Chocolate Chocolate Petit Gateau Com caramelo salgado, crumble e gelado de baunilha With salted caramel, crumble and vanilla ice cream	7,00
	Carpaccio de Ananás Pineapple Carpaccio Com gelado de tangerina With tangerine ice cream	6,00

 **Vegetariano** | Vegetarian

 **Glúten** | Gluten

 **Frutos Secos** | Dried Fruit

 **Lactose**

Obrigado!

Thank you!



Cafeteria

Mediterranean Restaurant



Declara-se que, pela sua composição e/ou método de preparação, estes alimentos, poderão conter: aipo, amendoins, crustáceos, dióxido de enxofre/sulfitos, frutos de casca rija, glúten, leite, moluscos, mostarda, ovos, peixes, sementes de sésamo, soja e/ou tremçoço. Caso necessite de informação mais detalhadas, solicite-a a um dos colaboradores.

Nenhum prato, produto alimentar ou bebida, incluindo o couvert, pode ser cobrado se não for solicitado pelo cliente ou por este for inutilizado. IVA incluído. Valores apresentados em Euro (€). Livro de reclamações disponível.

It is hereby declared that, due to their composition and/or method of preparation, these foods may contain: celery, peanuts, crustaceans, sulphur dioxide/sulphites, nuts, gluten, milk, molluscs, mustard, eggs, fish, sesame seeds, soya and/or lupins. If you need more detailed information, please ask one of the team.

No dish, food or drink, including the couvert, can be charged if not requested by the customer or it is was not consumed. VAT Included. Prices are listed in euros (€). Complaints book available.

